



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Ackermann, Tim

Club: Röblinglaufverein  
Number: 924

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 30:04

Speed: 9.98 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 149 (of 226)

Rank in course/Men: 133 (of 152)

Best time in course: 17:31

Rank in category: 21(of 23)

Best time in the category: 18:06