



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Carius, Colette

Club: Grabe
Number: 1149

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 31:17

Speed: 9.59 km/h
Running performance: 6:16 min/km

Rank in course/Total: 184 (of 226)

Rank in course/Women: 46 (of 74)

Best time in course: 21:12

Rank in category: 4(of 6)

Best time in the category: 24:11