



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Kayser, Sabine

Club: Bad Langensalza
Number: 1003

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 31:49

Speed: 9.43 km/h
Running performance: 6:22 min/km

Rank in course/Total: 187 (of 226)

Rank in course/Women: 47 (of 74)

Best time in course: 21:12

Rank in category: 5(of 8)

Best time in the category: 26:10