



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

HARTMANN, Lars

Club: THC Handball

Number: 981

Course: 5.00 km

5 km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 30:40

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 182 (of 226)

Rank in course/Men: 137 (of 152)

Best time in course: 17:31

Rank in category: 22(of 23)

Best time in the category: 18:06