



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Stephan, Michael

Club: Schönstedt
Number: 1080

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 30:34

Speed: 9.81 km/h
Running performance: 6:07 min/km

Rank in course/Total: 180 (of 226)

Rank in course/Men: 136 (of 152)

Best time in course: 17:31

Rank in category: 15(of 15)

Best time in the category: 19:14