



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

**Quraishi, Diana**

Club: Regelschule am Forstberg

Number: 1051

Course: 5.00 km

5 km-Lauf

Category:

weibliche Jugend (16-19 Jahre)

Total time: 32:56

Speed: 9.11 km/h

Running performance: 6:35 min/km

Rank in course/Total: 209 (of 226)

Rank in course/Women: 61 (of 74)

Best time in course: 21:12

Rank in category: 16(of 18)

Best time in the category: 21:12