



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Metz, Egon

Club: Herbsleben

Number: 1031

Course: 5.00 km

5 km-Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 33:10

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 211 (of 226)

Rank in course/Men: 148 (of 152)

Best time in course: 17:31

Rank in category: 2(of 2)

Best time in the category: 28:37