



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Hager, Steffen

Club: Mühlhausen  
Number: 977

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 33:19

Speed: 9.00 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 214 (of 226)

Rank in course/Men: 149 (of 152)

Best time in course: 17:31

Rank in category: 12(of 12)

Best time in the category: 19:56