



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

**Sadeq, Sheima**

Club: Regelschule am Forstberg  
Number: 1061

Course: 5.00 km  
5 km-Lauf

Category:  
weibliche Jugend (16-19 Jahre)

Total time: 33:24

Speed: 8.98 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 216 (of 226)

Rank in course/Women: 66 (of 74)

Best time in course: 21:12

Rank in category: 18(of 18)

Best time in the category: 21:12