



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Göpel, Sandra

Club: SPD Mühlhausen  
Number: 1154

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 33:50

Speed: 8.87 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 217 (of 226)

Rank in course/Women: 67 (of 74)

Best time in course: 21:12

Rank in category: 9(of 10)

Best time in the category: 24:06