



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Gaschnitz, Cornelia

Club: Unstruttal

Number: 959

Course: 5.00 km

5 km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 39:28

Speed: 7.60 km/h

Running performance: 7:53 min/km

Rank in course/Total: 222 (of 226)

Rank in course/Women: 72 (of 74)

Best time in course: 21:12

Rank in category: 8(of 8)

Best time in the category: 26:10