



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Ziervogel, André

Club: Erfurt  
Number: 1511

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 35:48

Speed: 16.76 km/h  
Running performance: 3:35 min/km

Rank in course/Total: 6 (of 161)

Rank in course/Men: 6 (of 119)

Best time in course: 31:51

Rank in category: 3(of 15)

Best time in the category: 31:54