



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg  
Number: 1549

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 41:15

Speed: 14.55 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 23 (of 161)

Rank in course/Men: 20 (of 119)

Best time in course: 31:51

Rank in category: 1(of 20)

Best time in the category: 41:15