



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Jones, Colin

Club: Dublin/Irland
Number: 1445

Course: 10.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:55

Speed: 13.36 km/h
Running performance: 4:29 min/km

Rank in course/Total: 46 (of 161)

Rank in course/Men: 41 (of 119)

Best time in course: 31:51

Rank in category: 8(of 15)

Best time in the category: 31:54