



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Frerichs, Kim Oliver

Club: Mühlhausen

Number: 1424

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:05

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 54 (of 161)

Rank in course/Men: 48 (of 119)

Best time in course: 31:51

Rank in category: 6(of 14)

Best time in the category: 37:52