



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Herwig, Sandra

Club: SV 1899 Mühlhausen
Number: 1439

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 46:31

Speed: 12.90 km/h
Running performance: 4:39 min/km

Rank in course/Total: 59 (of 161)

Rank in course/Women: 8 (of 42)

Best time in course: 38:55

Rank in category: 2(of 4)

Best time in the category: 45:15