



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 1572

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 47:20

Speed: 12.68 km/h

Running performance: 4:44 min/km

Rank in course/Total: 69 (of 161)

Rank in course/Men: 60 (of 119)

Best time in course: 31:51

Rank in category: 3(of 8)

Best time in the category: 46:47