



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Mende, Herbert

Club: Oberdorla

Number: 1468

Course: 10.00 km

Hauptlauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 47:52

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 73 (of 161)

Rank in course/Men: 63 (of 119)

Best time in course: 31:51

Rank in category: 6(of 8)

Best time in the category: 39:26