



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Eff, Björn

Club: FSV 2006 Holzthaleben  
Number: 1417

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 48:34

Speed: 12.35 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 82 (of 161)

Rank in course/Men: 72 (of 119)

Best time in course: 31:51

Rank in category: 11(of 16)

Best time in the category: 31:51