



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Wald, Silke

Club: Pasewalker Judosportverein
Number: 1555

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:21

Speed: 11.68 km/h
Running performance: 5:08 min/km

Rank in course/Total: 105 (of 161)

Rank in course/Men: 86 (of 119)

Best time in course: 31:51

Rank in category: 15(of 20)

Best time in the category: 41:15