



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer

Number: 1438

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 56:41

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 142 (of 161)

Rank in course/Women: 35 (of 42)

Best time in course: 38:55

Rank in category: 4(of 4)

Best time in the category: 45:15