



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Kaufmann, Roland

Club: VfB Beberstedt 26  
Number: 1567

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 57:59

Speed: 10.35 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 151 (of 161)

Rank in course/Men: 113 (of 119)

Best time in course: 31:51

Rank in category: 7(of 8)

Best time in the category: 46:47