



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Lambrecht, Hans-Dieter

Club: Familie
Number: 1461

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 58:23

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 152 (of 161)

Rank in course/Men: 114 (of 119)

Best time in course: 31:51

Rank in category: 8(of 8)

Best time in the category: 46:47