



2. Nikolauslauf Grünberg  
Grünberg / 02.12.2018

Detailed evaluation

Kritzer, Thomas

Club: Urban Runners Frankfurt  
Number: 129

Course: 6.12 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 33:15

Speed: 10.83 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 12 (of 46)

Rank in course/Men: 9 (of 18)

Best time in course: 26:16

Rank in category: 3(of 3)

Best time in the category: 30:31