



2. Nikolauslauf Grünberg
Grünberg / 02.12.2018

Detailed evaluation

Rainer, Leo

Club: alex's little running club
Number: 153

Course: 6.12 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 34:04

Speed: 10.57 km/h
Running performance: 5:34 min/km

Rank in course/Total: 13 (of 46)
Rank in course/Women: 4 (of 28)
Best time in course: 25:29

Rank in category: 2(of 3)
Best time in the category: 31:09