



2. Nikolauslauf Grünberg
Grünberg / 02.12.2018

Detailed evaluation

Schrimpf, Frank

Club: TSV Wallenrod
Number: 139

Course: 6.12 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 37:33

Speed: 9.59 km/h
Running performance: 6:08 min/km

Rank in course/Total: 18 (of 46)

Rank in course/Men: 12 (of 18)

Best time in course: 26:16

Rank in category: 2(of 2)

Best time in the category: 35:17