



## 2. Nikolauslauf Grünberg

Grünberg / 02.12.2018

### Detailed evaluation

**Horst, Markus**

Club: TGV Schotten

Number: 121

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 39:12

Speed: 9.18 km/h

Running performance: 6:25 min/km

Rank in course/Total: 22 (of 46)

Rank in course/Men: 14 (of 18)

Best time in course: 26:16

Rank in category: 3(of 3)

Best time in the category: 26:57