



2. Nikolauslauf Grünberg
Grünberg / 02.12.2018

Detailed evaluation

Wahl, Jörg

Club: Alex`s little running club
Number: 145

Course: 6.12 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 26:59

Speed: 13.34 km/h
Running performance: 4:25 min/km

Rank in course/Total: 4 (of 46)

Rank in course/Men: 3 (of 18)

Best time in course: 26:16

Rank in category: 2(of 3)

Best time in the category: 26:57