



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

**Werner, Manuel**

Club: LG Fulda

Number: 128

Course: 6.12 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 23:08

Speed: 15.56 km/h

Running performance: 3:47 min/km

Rank in course/Total: 1 (of 118)

Rank in course/Men: 1 (of 60)

Best time in course: 23:08

Rank in category: 1(of 10)

Best time in the category: 23:08