



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Kiehne, Manuela

Club: alex's little running club

Number: 112

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 47:25

Speed: 7.74 km/h

Running performance: 7:45 min/km

Rank in course/Total: 102 (of 118)

Rank in course/Women: 47 (of 58)

Best time in course: 27:17

Rank in category: 9(of 10)

Best time in the category: 39:40