



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Igelmann, Carolin

Club: alex's little running club

Number: 56

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 58:09

Speed: 6.19 km/h

Running performance: 9:30 min/km

Rank in course/Total: 112 (of 118)

Rank in course/Women: 55 (of 58)

Best time in course: 27:17

Rank in category: 9(of 10)

Best time in the category: 39:49