



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Wahl, Jörg

Club: alex's little running club

Number: 91

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 27:28

Speed: 13.11 km/h

Running performance: 4:29 min/km

Rank in course/Total: 13 (of 118)

Rank in course/Men: 12 (of 60)

Best time in course: 23:08

Rank in category: 3(of 6)

Best time in the category: 24:32