



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Glüber, Michael

Club: LT Speeketze Marbach

Number: 90

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 29:59

Speed: 12.01 km/h

Running performance: 4:54 min/km

Rank in course/Total: 19 (of 118)

Rank in course/Men: 16 (of 60)

Best time in course: 23:08

Rank in category: 1(of 10)

Best time in the category: 29:59