



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

**Taubert, Michael**

Club: Eichenzell

Number: 22

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 31:11

Speed: 11.54 km/h

Running performance: 5:06 min/km

Rank in course/Total: 24 (of 118)

Rank in course/Men: 20 (of 60)

Best time in course: 23:08

Rank in category: 2(of 10)

Best time in the category: 29:59