



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Milde, Nils

Club: Jahnschule Hünfeld

Number: 114

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 24:32

Speed: 14.67 km/h

Running performance: 4:01 min/km

Rank in course/Total: 3 (of 118)

Rank in course/Men: 3 (of 60)

Best time in course: 23:08

Rank in category: 1(of 6)

Best time in the category: 24:32