



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Kraus, Daniel

Club: Fulda

Number: 67

Course: 6.12 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 33:05

Speed: 10.88 km/h

Running performance: 5:25 min/km

Rank in course/Total: 32 (of 118)

Rank in course/Men: 26 (of 60)

Best time in course: 23:08

Rank in category: 4(of 8)

Best time in the category: 26:58