



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

**Lauber, Gerrit Johanna**

Club: AS LahnLaender/ Team Erdinger-Alkoholfrei  
Number: 12

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 33:23

Speed: 10.78 km/h

Running performance: 5:27 min/km

Rank in course/Total: 35 (of 118)

Rank in course/Women: 8 (of 58)

Best time in course: 27:17

Rank in category: 1(of 9)

Best time in the category: 33:23