



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

Igelmann, Michael

Club: Bad Orb

Number: 61

Course: 6.12 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 33:26

Speed: 10.77 km/h

Running performance: 5:28 min/km

Rank in course/Total: 37 (of 118)

Rank in course/Men: 29 (of 60)

Best time in course: 23:08

Rank in category: 5(of 8)

Best time in the category: 26:58