



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Rainer, Leo

Club: alex's little running club

Number: 47

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 34:47

Speed: 10.35 km/h

Running performance: 5:41 min/km

Rank in course/Total: 44 (of 118)

Rank in course/Women: 9 (of 58)

Best time in course: 27:17

Rank in category: 2(of 9)

Best time in the category: 33:23