



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Spork, Sabine

Club: alex's little running club

Number: 11

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 38:58

Speed: 9.24 km/h

Running performance: 6:22 min/km

Rank in course/Total: 65 (of 118)

Rank in course/Women: 19 (of 58)

Best time in course: 27:17

Rank in category: 2(of 8)

Best time in the category: 37:54