



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Kress, Carmen

Club: Neuhof

Number: 108

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 41:48

Speed: 8.61 km/h

Running performance: 6:50 min/km

Rank in course/Total: 81 (of 118)

Rank in course/Women: 31 (of 58)

Best time in course: 27:17

Rank in category: 6(of 9)

Best time in the category: 33:23