



## 4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

### Detailed evaluation

**König, Carina**

Club: Fulda

Number: 69

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 43:02

Speed: 8.37 km/h

Running performance: 7:02 min/km

Rank in course/Total: 88 (of 118)

Rank in course/Women: 36 (of 58)

Best time in course: 27:17

Rank in category: 4(of 10)

Best time in the category: 39:49