



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Sang, Tanja

Club: TSV Wallenrod

Number: 122

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 43:08

Speed: 8.35 km/h

Running performance: 7:03 min/km

Rank in course/Total: 89 (of 118)

Rank in course/Women: 37 (of 58)

Best time in course: 27:17

Rank in category: 7(of 9)

Best time in the category: 33:23