



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Witzel, Silke

Club: Petersberg

Number: 72

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 43:15

Speed: 8.32 km/h

Running performance: 7:04 min/km

Rank in course/Total: 90 (of 118)

Rank in course/Women: 38 (of 58)

Best time in course: 27:17

Rank in category: 4(of 10)

Best time in the category: 39:40