



4. Nikolauslauf Hofbieber

Hofbieber / 09.12.2018

Detailed evaluation

Minkley, Jens

Club: Team Rhönsprudel

Number: 60

Course: 6.12 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 43:39

Speed: 8.25 km/h

Running performance: 7:08 min/km

Rank in course/Total: 93 (of 118)

Rank in course/Men: 53 (of 60)

Best time in course: 23:08

Rank in category: 8(of 11)

Best time in the category: 27:11