



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Höpker, Thekla

Total time: 22:43

Number: 147

Speed: 7.92 km/h

Running performance: 5:49 min/km

Course: 3.90 km

Rank in course/Total: 46 (of 69)

Hobbylauf

Rank in course/Women: 13 (of 28)

Best time in course: 19:36

Category:

Rank in category: 2(of 3)

Seniorinnen W40 (40-44 Jahre)

Best time in the category: 22:06