



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Nebelung, Kerstin

Number: 104

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 23:35

Speed: 7.63 km/h

Running performance: 6:03 min/km

Rank in course/Total: 51 (of 69)

Rank in course/Women: 16 (of 28)

Best time in course: 19:36

Rank in category: 3(of 3)

Best time in the category: 22:26