



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

Schmelzer, Sandra

Total time: 24:24

Number: 113

Speed: 7.38 km/h

Running performance: 6:16 min/km

Course: 3.90 km

Rank in course/Total: 59 (of 69)

Hobbylauf

Rank in course/Women: 21 (of 28)

Best time in course: 19:36

Category:

Rank in category: 3(of 3)

Seniorinnen W40 (40-44 Jahre)

Best time in the category: 22:06