



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Nebelung, Hans-Peter

Number: 105

Course: 3.90 km

Hobbylauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 24:44

Speed: 7.28 km/h

Running performance: 6:20 min/km

Rank in course/Total: 60 (of 69)

Rank in course/Men: 39 (of 41)

Best time in course: 14:15

Rank in category: 2(of 2)

Best time in the category: 23:42