



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Höpker, Martin

Total time: 27:33

Number: 37

Speed: 15.25 km/h

Running performance: 3:56 min/km

Course: 7.00 km

Rank in course/Total: 3 (of 66)

Pokallauf

Rank in course/Men: 3 (of 49)

Best time in course: 26:54

Category:

Rank in category: 2(of 5)

Senioren M45 (45-49 Jahre)

Best time in the category: 27:04